



Bite Into A Healthy Lifestyle

featuring St. Luke's Chefs and Dietitian Stacy Beeson

Thursday
March 12, 2015
7:00 pm–8:00 pm

St. Luke's Meadow Lake
Building - 5th Floor
3525 E. Louise Drive
Meridian, ID 83642

To register call:
Call St. Luke's
(208) 381-9000

This class is offered by
St. Luke's Food and
Nutrition Services



**Take a Bite out of this FREE
Cooking Class!**

**Join us as we celebrate National
Nutrition Month with easy, healthy
recipes that will make you look
like the chef in your kitchen!**

**This class is offered to the
community!**

Reserve your spot today!

